

## Contact us.

Contact your local Medica broker, give us a call, or drop us a line.

**952-992-2080**  
**1-800-670-5935**

Hearing Impaired: Please call the National Relay Center at 1-800-855-2880 and ask for one of the numbers listed above.

### Hours

8 a.m. to 5 p.m. Monday – Thursday;  
9 a.m. to 5 p.m. Friday.

You may also visit us at  
**medica.com** or e-mail us at  
**medicaindividualproducts@medica.com.**

## MEDICA®

PO Box 9310  
Minneapolis, MN 55440-9310

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Medica Symphony® is a registered service mark of Medica Health Plans.  
IFB5905-10611

A health plan that hits  
all the right notes.

## Medica Symphony®

Coverage for one or more people.

Minnesota Benefit Summary



Valid July 2011  
through  
December 2011

## Plan Highlights

- Medica Symphony is available as an individual or family plan.
- Primary applicants must be between ages 19 and 64. Additional applicants must be at least 60 days old.
- See the Minnesota Medica Symphony Rate Guide to calculate your monthly premium.
- This is a brief overview of the plan. Please see a policy document available on [medica.com](http://medica.com) for complete details.

Benefits	In-Network Coverage	
<b>In-network annual deductible options</b>	One-Person Plan	Family Plan
	\$2,000	\$4,000
	\$3,500	\$7,000
	\$5,000	\$10,000
	\$7,000	\$14,000
	\$10,000	\$20,000
<b>In-network annual out-of-pocket maximum</b>	Equal to chosen deductible	
<b>Office visits</b>		
Non-preventive care (e.g., physician, chiropractor)	Option A: \$30 copayment (no visit limit) Option B: \$60 copayment (no visit limit)	
Preventive care	100% coverage (Copayment, coinsurance and deductible do not apply)	
<b>Prescription drugs</b>	<i>Preferred generic drugs: \$10 copayment</i> <i>Preferred brand-name drugs: You pay 100% at Medica's discounted rate</i>  <i>You have the option to increase your prescription drug coverage. See details on next page.</i>	
<b>Convenience care center visits</b>	\$10 copayment (no visit limit)	
<b>Urgent care center visits</b>	\$100 copayment for the first visit per person per calendar year; after the first visit, 100% coverage after deductible	
<b>Emergency room</b>	\$300 copayment for the first visit per person per calendar year; after the first visit, 100% coverage after deductible	
<b>Lab and X-ray services</b>	100% coverage after deductible	
<b>Hospital services</b>		
<b>Ambulance</b>		
<b>Surgery</b>		
<b>Maternity</b>	100% coverage for prenatal care (deductible does not apply) Maternity, labor, delivery, and postpartum care not covered for first 12 months; after 12 months, 100% coverage after deductible	
<b>Other eligible healthcare services</b>	100% coverage after deductible	

### Additional Coverage Options

<b>Remove mental health/substance abuse coverage</b>	You have the option to remove your mental health and substance abuse coverage already included in the plan. <i>Choosing to remove this coverage <b>reduces</b> your monthly rate. Check the rate guide to see your monthly rate.</i>
<b>Upgrade prescription drug coverage</b>	You can increase your prescription drug coverage. Increased coverage would include: <i>Preferred brand-name drugs: \$50 copayment</i> <i>Non-preferred drugs: \$100 copayment</i>  This coverage is in addition to the preferred generic drug coverage already included in the plan. <i>Choosing to upgrade this coverage <b>increases</b> your monthly rate. Check the rate guide to see your monthly rate.</i>

### Travel Program

<b>Program details</b>	You receive in-network coverage when you travel in the United States and use a Travel Program provider. Find more information on the Minnesota Product Features page.
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Benefits	Out-of-Network Coverage*
<b>Out-of-network annual deductible</b>	Out-of-network annual deductible is double the in-network annual deductible
<b>Out-of-network annual out-of-pocket maximum</b>	There is no out-of-pocket maximum for out-of-network services
<b>Benefit coverage</b>	60% coverage after deductible
<b>Lifetime maximum benefits</b>	\$1 million
<b>Other details</b>	If you visit an out-of-network healthcare provider, certain services may be excluded or limited. Please see a Medica Symphony policy on <a href="http://medica.com">medica.com</a> for details.

\*If you choose to receive services or supplies from a non-network provider, you are responsible for any difference between Medica's non-network reimbursement amounts (generally based on a fee schedule) and the charges billed by the non-network provider.

### Other Important Information

- Copayments do not apply to your deductible and out-of-pocket maximum. Some services, such as lab work and X-rays, will apply toward your deductible and will not be covered by a copayment.
- For individuals ages 19 and over, a pre-existing condition exclusion may apply. If continuous qualifying health coverage has been maintained, this limitation is in effect for 12 months, but will be reduced based upon length of previously qualifying coverage. If continuous qualifying health coverage has not been maintained, this limitation is in effect for the first 18 months.
- Services not covered include custodial care or rest care; eyewear; most dental services; cosmetic services; refractive eye surgery; infertility services; and services that are investigational, not medically necessary or received while on military duty.
- On a family plan, everyone shares one deductible. The deductible can be met by any combination of family members.
- The deductible is subject to a "cost of living" increase on a yearly basis. This "cost of living" increase is tied to the Consumer Price Index (CPI).